JOHNSON COUNTY COMMISSIONERS COURT



RICK BAILEY
Commissioner Pct. #1

KENNY HOWELL Commissioner Pct. #2

ROGER HARMON County Judge

Alison Hitchcock Assistant to Commissioner's Court JERRY D. STRINGER Commissioner Pct. #3

DON BEESON Commissioner Pct. #4

JOHNSON COUNTY

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PROCLAMATION

STATE OF TEXAS

§

- WHEREAS, heart disease is the number one killer of women and one in four American women dies of heart disease; and
- WHEREAS, most women do not know that heart disease is a women's problem and they do not take it seriously; and
- WHEREAS, the risk factors for heart disease are smoking, high blood pressure, high cholesterol, overweight, obesity, physical inactivity, diabetes, a family history of early heart disease, and age; and
- WHEREAS, women can promote their own heart health and prevent disease and illness by taking steps to prevent and control the heart disease risk factors; and
- WHEREAS, Keeping women healthy and promoting awareness of women's health issues, including heart health, is an important responsibility and depends on the actions of many organizations and groups in our community; and
- WHEREAS, women's health remains a priority for families, communities, and government, and our commitment to keeping women healthy is stronger than ever; and
- WHEREAS, the *National Wear Red Day* campaign and its *Red Dress* symbol are building awareness of women's heart disease risk and empowering them to reduce their risk and prevent heart disease; and
- WHEREAS, Johnson County women need to take action to make heart health a priority for themselves and their families, become aware of their heart disease risk, and take action to control their risk;

NOW THEREFORE BE IT RESOLVED, that I Roger Harmon, County Judge of Johnson County, and we the Commissioners of the four precincts in Johnson County, do hereby declare February 1, 2013 as

"National Wear Red Day"

and encourage all citizens to work together to promote and improve the health of women and increase awareness and understanding of women and heart disease; and

IN WITNESS WHEREOF, I hereto set my hand and cause the Seal of Johnson County, Texas to be affixed on this the 28th day of January, 2013.

Roger Harmon, Johnson County Judge

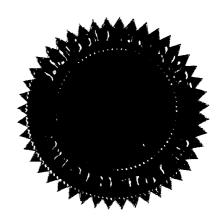
Rick Balley, Commissioner Pct.#1

Kenny Howell, Commissioner Pct.#2

Jerry D. Stringer, Commissioner Pct.#3

Don Beeson, Commissioner Pct.#4

Becky Williams, County Clerk



Proclamation
National Wear Red Day
1-28-2013